

# 2023 2023 AWARDS 2023 2023

16 categories with 12 nominees each. These nominees have been thoroughly selected in a process of internal voting by our staff located all over the world. The categories and nominees aim to comprise a diverse selection of genres and styles, representing a good selection of progressive rock, metal and related subgenres.

## 1 Album of the Year: Progressive Metal

Anubis Gate - Interference  
DGM - Life  
Earthside - Let The Truth Speak  
Haken - Fauna  
Katatonia - Sky Void of Stars  
Klone - Meanwhile  
Mask of Prospero - Hiraeth  
Obsidian Tide - The Grand Crescendo  
Ok Goodnight - The Fox and the Bird  
Ramage Inc. - Humanity Has Failed  
The Ocean - Holocene  
Voyager - Fearless In Love

## 2 Album of the Year: Progressive Rock

Lalu - The Fish Who Wanted To Be King  
Lumsk - Fremmede Toner  
Marekvist - Varde  
Moon Safari - Himlabacken Vol. 2  
Pattern-Seeking Animals - Spooky Action At A Distance  
Peter Gabriel - I/O  
Riverside - ID.entity  
Southern Empire - Another World  
Steven Wilson - The Harmony Codex  
Subsignal - A Poetry of Rain  
The Chronicles of Father Robin - The Songs & Tales of Aioirea Book I: The Tale of Father Robin (State of Nature)  
Vulture Industries - Ghosts from the Past

## 3 Album of the Year: Extreme Prog

Anima Tempo - Chaos Paradox  
Dødheimsgard - Black Medium Current  
Enslaved - Heimdal  
Ignea - Dreams of Lands Unseen  
Insomnium - Anno 1696  
Ne Obliviscaris - Exul  
Omnerod - The Amensal Rise  
Panopticon - The Rime of Memory  
Stortregn - Finitude  
Svalbard - The Weight of the Mask  
The Arcane Order - Distortions from Cosmogony  
The Zenith Passage - Datalysium

## 4 Album of the Year: Instrumental

Arch Echo - Final Pitch  
Feather - Eternal  
Gleb Kolyadin - The Outland  
Hackberry - Breathing Space  
Lesotho - Through The Dying Light  
Night Verses - Every Sound Has A Color In The Valley Of Night: Part 1  
Ozric Tentacles - Lotus Unfolding  
Psygnosis - Mercury  
Spurv - Brefjære  
Stömb - Massive Disturbed Meta Art  
The Resonance Project - Ad Astra  
Volkor X - The Loop

## **5 Album of the Year: Experimental**

A Flying Fish - El Pez Que Voló - Act 1  
Bell Witch - Future's Shadow Part 1: The Clandestine Gate  
Jo Quail - Invocation/Supplication  
King Gizzard & the Lizard Wizard - PetroDragonic Apocalypse  
Monika Roscher Bigband - Witchy Activities And The Maple Death  
Seven Impale - Summit  
SHRVL - Limbus  
Sigur Rós - ÁTTA  
Sleep Token - Take Me Back To Eden  
Tardigrade Inferno - Burn The Circus!  
The Hirsch Effekt - Urian  
The World Is Quiet Here - Zon

## **6 EP of the Year**

A.C.T - Falling  
Ashbreather - Primordial Bong Soup  
Asymmetric Universe - The Sun Would Disappear As I Imagined The Stars  
Dissona - Dreadfully Dinstinct  
Exploring Birdsong - Dancing in the Face of Danger  
Ihsahn - Fascination Street Sessions  
Loam - Featherbrained  
Maruja - Knocknarea  
MMXX - The Next Wave  
Plini - Mirage EP  
Stream of Passion - Beautiful Warrior  
Tardigrade Inferno - Arrival of a Train

## **7 Debut of the Year**

Avkrvst - The Approbation  
Einar Solberg - 16  
Enoch Root - Delusion  
Fleshvessel - Yearning: Promethean Fates Sealed  
HamaSaari - Ineffable  
Helga - Wrapped in Mist  
Neverus - Burdens of the Earth  
Nospūn - Opus  
Nuclear Power Trio - Wet Ass Plutonium  
Ophelia Sullivan - Disposable Identity

Temic - Terror Management Theory  
The Anchoret - It All Began With Loneliness

## **8 Live Release of the Year**

Abraham Sarache - Live at ProgPower Europe 2022 (Unplugged)  
Chaos Divine - The Human Connection  
Countless Skies - Resonance Live from the Studio  
Devin Townsend - Devolution #3 - Empath: Live in America  
Leprous - Live 2022  
Messa - Live at Roadburn  
Orphaned Land - A Heaven You May Create  
Plini - Finnvox Sessions (Live)  
Porcupine Tree - Closure/Continuation.Live  
PreHistoric Animals - Livefires  
Transatlantic - The Final Flight: Live At L'Olympia  
Ulver - Grieghallen 20180528 (Live)

## **9 Cover Artworks of the Year**

Bosco Sacro - Gem (Carlo Veneziano)  
Earthside - Let the Truth Speak (Travis Smith)  
Haken - Fauna (Dan Goldsworthy)  
Lalu - The Fish Who Wanted to be King (Mattias Norén)  
Lesotho - Through The Dying Light (Thibault Landemaine & Anais Ferreira of Jack Hillside Collective)  
Lumsk - Fremmede Toner (Per Spjøtvold)  
Miserere Lumins - Ordalie (Adam Burke)  
Moonstone - Growth (Lizard Matilda)  
Silent Skies - Dormant (Mattias Norén)  
The Chronicles of Father Robin - Book I/Book II (Lars Bigum Kvernberg)  
The Ocean - Holocene (Martin Kvamme)  
Wolves In The Throne Room - Crypt of Ancestral Knowledge (Jacob Speis)

## **10 Music Videos of the Year**

6:33 - No One Lives Forever  
A Flying Fish - Teezûck  
Bruit - Les Temps Perdus  
Enslaved - Forest Dweller  
Haken - Taurus  
Hamasaari - Bleak  
Kalandra - Bardaginn  
Kyros - The End in Mind  
Monika Roscher Bigband - 8 Prinzessinnen  
PreHistoric Animals - He is number 4  
Steven Wilson - Beautiful Scarecrow  
Stortregn - Omega Axiom

## **11 Performance of the Year: Vocals**

- Daniel Estrin for his performance on Fearless in Love by Voyager
- Daniel Tompkins for his performance on War of Being by Tesseract
- Einar Solberg for his performance on 16
- Fredrik Klemp for his performance on Terror Management Theory by Temic
- Freja Ordell for her performance on II: Humane by Être
- Helga Gabriel for her performance on Wrapped in Mist by Helga
- Loïc Rossetti for his performance on Holocene by The Ocean
- Lynsey Ward for her performance on Dancing in the Face of Danger by Exploring Birdsong
- Mike Mills for his performance on the XII by XII EPs by Toehider
- Phillip Rich for his performance on Opus by Nospūn
- Romain Jeuniaux for his performance on The Amensal Rise by Omnerod
- Sylvain Auclair for his performance on It All Began With Loneliness by The Anchoret

## **12 Performance of the Year: Guitars**

- Benjamin Baret for his performance on Exul by Ne Obliviscaris
- Charlie Griffiths for his performance on Fauna by Haken
- Eric Gillette for his performance on Terror Management Theory by Temic
- Federico Vese for his performance on The Sun Would Disappear As I Imagined The Stars by Asymmetric Universe

- Maciej Meller for his performance on ID.entity by Riverside
- Ola Englund for his performance on The Chug Project, Vol. 2
- Oz Avneya for his performance on The Grand Crescendo by Obsidian Tide
- Per Nilsson for his performance on The Singularity (Phase II - Xenotaph) by Scar Symmetry
- Plini for his performance on Mirage
- Richard Henshall for his performance on Fauna by Haken
- Simone Dow for her performance on Fearless in Love by Voyager
- Yas Nomura for his performance on Ad Astra by The Resonance Project

## **13 Performance of the Year: Keyboard**

- Andy Tillison for his performance on It All Began With Loneliness by The Anchoret
- Diego Tejeida for his performance on Terror Management Theory by Temic
- Einar Solberg for his performance on 16
- Espen Warankov Godø for his performance on Fremmede Toner by Lumsk
- Joey Izzo for his performance on Final Pitch by Arch Echo
- Lynsey Ward for her performance on Dancing in the Face of Danger by Exploring Birdsong
- Michał Łapaj for his performance on ID.entity by Riverside
- Richard Blumenthal for his performance on Luminaria by Aviations
- Rick Wakeman for his performance on A Gallery of the Imagination
- Peter Jones for his performance on Fauna by Haken
- Peter Voigtman for his performance on Holocene by The Ocean
- Vikram Shankar for his performance on Dormant by Silent Skies, I Am The Storm by Redemption

## **14 Performance of the Year: Bass**

- Alex Canion for his performance on Fearless in Love by Voyager
- Amos Williams for his performance on War of Being by Tesseract

- Conner Green for his performance on Fauna by Haken
- David John Levy for his performance on ...and everything in between by Unprocessed
- Ilja John Lappin for his performance on Urian by The Hirsch Effekt
- Linus Klausenitzer for his performance on Tulpa, Numen by Alkaloid
- Mariusz Duda for his performance on ID.entity by Riverside
- Martin Garratoni for his performance on Exul by Ne Obliviscaris
- Nicolás Vese for his performance on The Sun Would Disappear As I Imagined The Stars by Asymmetric Universe
- Shachar Bieber for his performance on The Grand Crescendo by Obsidian Tide
- Werner Erkelens for his performance on Luminaria by Aviations
- Yas Nomura for his performance on Ad Astra by The Resonance Project

#### **15 Performance of the Year: Drums**

- Aric Improta for his performance on Every Sound Has A Color In The Valley Of Night: Part 1 by Night Verses
- Baard Kolstad for his performance on Live 2022 by Leprous
- Bastian Thusgaard for his performance on Distortions from Cosmogony by The Arcane Order
- Ben Shanbrom for his performance on Let The Truth Speak by Earthside
- Dan Presland for his performance on Exul by Ne Obliviscaris
- Erez Nadler for his performance on The Grand Crescendo by Obsidian Tide
- James Knoerl for his performance on Aviations/The Anchoret
- Keli Guðjónsson for his performance on 16 by Einar Solberg
- Pablo Schwilden Diaz for his performance on The Amensal Rise by Omnerod
- Paul Seidel for his performance on Holocene by The Ocean
- Ray Hearne for his performance on Fauna by Haken
- Simen Sandnes for his performance on Terror Management Theory by Temic

#### **16 Performance of the Year: Non-Traditional Rock Instrument**

- Carina Bruwer (Flute) for her performance on It All Began With Loneliness by The Anchoret
- Danielle Sassi, Flute for her performance on Prediluvian by Yossi Sassi & The Oriental Rock Orchestra, The Grand Crescendo by Obsidian Tide
- Jason Blake (Warr Guitar) for his performance on Subsequent Ruins, Radiant Dusk
- Jo Quail (Cello) for her performance on Invocation/Supplication
- Juan Ignacio Varela Espinoza (Alto Saxophone) for his performance on It All Began With Loneliness by The Anchoret
- Monika Roscher Bigband for their performance on Witchy Activities And The Maple Death
- Raphaël Verguin (Cello) for his performance on Mercury by Psygnosis) Raphael Weinroth-Browne (Cello) for his performance on 16 by Einar Solberg
- Siv Lena Waterloo Laugtug (Violin) for his performance on Fremmede Toner by Lumsk
- the\_maximalist (Mridangam) for his performance on The Sound of Inevitability by Art Against Agony
- Tim Charles (Violin) for his performance on Exul by Ne Obliviscaris
- Yossi Sassi (Bouzoukita) for his performance on Prediluvian by Yossi Sassi & The Oriental Rock Orchestra